



ORGANIZATIONS THAT GIVE KIDS OPPORTUNITIES TO MAKE A DIFFERENCE

American Heart Association National Center

americanheart.org

Kids can raise money to help fight heart disease through the “Jump Rope for Heart” and “Hoops for Heart” programs.

American Red Cross

redcross.org/red-cross-youth

The youth division allows kids to volunteer with the Red Cross and provides opportunities for youth involvement in community service.

American Society for the Prevention of Cruelty to Animals

aspca.org

Kids can hold fundraisers, collect blankets, towels and toys for animals in shelters, and write letters to lobby for animal welfare.

Amnesty International Kids

amnestyusa.org/youth

Encourages kids to write to political leaders about protecting the rights of all people.

The Arbor Day Foundation

arborday.org/programs/tree-campus-k-12/

The Tree Campus K-12 program inspires the next generation of tree stewards through experiences that bring the benefits of trees to life.

Books for Africa

booksforafrica.org

Get involved with the mission to end the African book famine by volunteering at one of our warehouses. Volunteers must be at least 14 years old.

Defenders of Wildlife

defenders.org/action

Youth can help sign petitions and contact their representatives about protecting animals.

Do Something

<http://dosomething.org>

This organization, based in New York City, works with kids to identify important issues and create community projects.

Feed My Starving Children

fmsc.org/get-involved

Volunteers hand-pack meals that are donated to FMSC food partners around the world.

Feed the Children

feedthechildren.org/get-involved/volunteer/

Kids can volunteer to build boxes filled with food and essentials that will be delivered to families in need.

Feeding America

feedingamerica.org/take-action/volunteer

This large network connects you to a local meal program that needs help, or arms you with tools to raise awareness about food insecurity.

Foodpantries.org

foodpantries.org/

Listing to help you locate a food pantry, soup kitchen, or meal program looking for volunteers. (Note: Some have age requirements for volunteers.)



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Girls Incorporated

girlsinc.org

This organization inspires “all girls to be strong, smart and bold” and teaches them how to advocate for themselves and their communities.

Girls on the Run

girlsontherun.org/get-involved/

Girls on the Run empowers girls physically and mentally. Some opportunities require volunteers to be at least 18 years old.

Guide Dogs for the Blind

guidedogs.com/support-gdb/volunteer

Train or foster guide dogs or help with administrative tasks. Puppy raisers require no prior experience!

Habitat for Humanity

habitat.org

Working toward a vision of a world where everyone has an affordable place to live, this international organization accepts donations and organizes volunteers to help build homes for people in need.

Heifer Project International

heifer.org

This organization teaches people in impoverished communities about better farming methods. Kids can help provide food and income for hungry families.

Keep America Beautiful

kab.org/individual-action/

This national organization gives kids hyper-local ideas for how to clean up their communities.

Kids Against Hunger

kidsagainsthunger.org/get-involved

Volunteers at a satellite organization package food for distribution to people worldwide.

Kids in Need Foundation

kinf.org/get-involved/#host-a-fundraiser

Kids can help start a school-supplies drive.

Lasagna Love

lasagnalove.org/volunteer/

Lasagna Love connects neighbors through homemade meal delivery.

Little Brothers–Friends of the Elderly

lbfenetwork.org

Encourages intergenerational friendships to end social isolation.

Little Free Library

littlefreelibrary.org/start

Kids collect old books to start a lending library or to donate to a local Head Start location.

Make-A-Wish

wish.org

Kids help raise money to grant the wishes of children with life-threatening illnesses.



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Marine Toys For Tots

toysfortots.org

Kids can donate holiday presents to other children, or help raise funds and host a collection site.

Meals on Wheels

mealsonwheelsamerica.org/

Kids can decorate paper lunch bags and holiday-themed placemats for meal deliveries.

National Crime Prevention Council

mcgruff.org

Teaches kids how to be safe and how to start local crime-watch programs.

National Park Service- Jr. Ranger Programs

home1.nps.gov/kids/index.cfm

Kids can participate in Jr. Ranger programs to help protect our national parks.

National Volunteer Week

pointsoflight.org/national-volunteer-week/

Celebrate the impact of volunteer service in our communities.

Nickelodeon Big Help

nick.com/nick-helps

"Ideas and support for kids interested in cleaning up their community, volunteering or starting their own service project. Hosts a themed "'help"' project each year.

No Kid Hungry

nokidhungry.org/youth

Write letters or assemble care packages for troops overseas.

Operation Gratitude

operationgratitude.com/volunteer/

Write letters or assemble care packages for troops overseas.

Project Linus National Headquarters

projectlinus.org

Kids can make blankets for kids in need.

Reading Is Fundamental

rif.org

Develops and delivers literacy programs for children, families, and teachers. Kids can raise money to help RIF purchase books for children who need them.

Ronald McDonald House Charities

rmhcwny.org/youth-projects/

Creates, finds and supports programs that directly improve the health and wellbeing of children worldwide. Kids can raise money for and volunteer at the Houses.

Special Olympics

specialolympics.org/what-we-do/youth-and-schools/unified-champion-schools?locale=en

People with intellectual disabilities compete in athletic events. Kids can volunteer to help raise money and run the events.

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Student Conservation Association (SCA)

thesca.org/serve/our-programs/youth-programs/

Helps kids get involved in environmental volunteer work.

UNICEF

join.unicefusa.org/startaclub

Kids can raise money for the "Trick-or-Treat for UNICEF" campaign each Halloween and all year long.

U.S. Youth Conservation Corps

nps.gov/subjects/youthprograms

Summer youth employment program providing meaningful work experiences at national parks and wildlife refuges while developing an ethic of environmental stewardship.

Youth Service America

ysa.org/resources/

This alliance of youth organizations promotes youth involvement in service. Runs "National Youth Service Day" in April and servenet.org, which lists youth volunteer opportunities across the country.

Youth Volunteer Corps of America

yvc.org/

Promotes volunteering among kids ages 11 to 18



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