



ORGANIZATIONS THAT HELP KIDS MAKE A DIFFERENCE

American Heart Association National Center

americanheart.org

Kids in registered schools can raise money to help fight heart disease while learning about how to take care of their own hearts.

American Red Cross

redcross.org/red-cross-youth/resources/volunteering

Kids are provided with resources and a list of opportunities in their community, such as volunteering in blood services, disaster relief, and service to armed forces.

American Society for the Prevention of Cruelty to Animals

aspca.org/get-involved

Kids can hold fundraisers; collect blankets, towels, and toys for animals in shelters; and write letters to lobby for animal welfare.

Amnesty International Kids

amnestyusa.org/youth

This site provides resources that will help students create, take part in, or lead student groups that advocate for the rights of all people.

The Arbor Day Foundation

arborday.org/programs/tree-campus-k-12

Find a local celebration and plant trees, distribute seedlings, and connect with others interested in tree planting and reforestation.

Books for Africa

booksforafrica.org/getting-involved.html

Get involved with the mission to end the African book famine by volunteering at one of Books for Africa's warehouses.

Defenders of Wildlife

defenders.org/action

Young people can help protect animals by signing petitions, communicating on social media, contacting political representatives, and attending public hearings.

Do Something

dosomething.org

This organization, based in New York City, works with kids to identify important issues and create community projects.

Feed My Starving Children

fmsc.org/get-involved

Volunteers hand-pack meals that are donated to FMSC food partners around the world.

Feed the Children

feedthechildren.org/get-involved/volunteer

Kids can volunteer to put together boxes of food and essentials that can be delivered to families in need.

Feeding America

feedingamerica.org/take-action/volunteer

This large network connects you to a local meal program that needs help, or gives you the tools to raise awareness about food insecurity.

Girls Incorporated

girlsinc.org

This organization inspires "all girls to be strong, smart, and bold," and teaches them how to advocate for themselves and their community.







Girls on the Run

girlsontherun.org/get-involved

Girls on the Run empowers girls physically and mentally. Volunteers support "girls on the run" through cheering, coaching, and spreading the word. Some opportunities require volunteers to be 18.

Guide Dogs for the Blind

guidedogs.com/volunteering/ volunteering-overview

Train or foster guide dogs, or help with administrative tasks. Puppy raisers require no prior experience!

Habitat for Humanity

habitat.org

Working toward a world where everyone has a place to live, this international organization accepts donations and organizes volunteers to build homes for people in need.

Heifer Project International

heifer.org/what-you-can-do/get-involved

This group teaches people in impoverished communities about better farming methods. Kids can help by fundraising or volunteering.

Keep America Beautiful

volunteer.kab.org

Find local events and opportunities to fight littering, improve recycling, and beautify your community.

Kids Against Hunger

kidsagainsthunger.org/get-involved

Package food for distribution to starving people worldwide. Use the Locations section to find a local food-packaging satellite hub.

Kids in Need Foundation

kinf.org/get-involved/#host-afundraiser

Kids can start a school-supplies drive or a fundraiser, raise support through social media, and collect and donate winter gear.

Lasagna Love

lasagnalove.org/volunteer

Lasagna Love connects neighbors through homemade meal delivery. Volunteer to help a neighbor or local community member in need by baking some lasagna!

Little Brothers– Friends of the Elderly

lbfenetwork.org

Encourages intergenerational friendships to end social isolation. Volunteers visit with isolated elders to build friendships, celebrate together, and attend social outings.

Little Free Library

littlefreelibrary.org/start

Kids collect old books to start a lending library or to donate to a local Head Start location.

Make-A-Wish

wish.org/get-involved

Kids help raise money to grant the wishes of children with lifethreatening illnesses.

Marine Toys for Tots

toysfortots.org

Kids can donate holiday presents to other children, or help raise funds and host a collection site.







Meals on Wheels

mealsonwheelsamerica.org/ americaletsdolunch

Help deliver meals and friendly greetings to homebound seniors. Other opportunities include decorating lunch bags and holiday-themed place mats for deliveries.

National Park Service

nps.gov/getinvolved/volunteer. htm

Volunteers-in-Parks (VIP) support the National Park Service's goal to preserve and protect national parks through education, restoration, and research.

National Volunteer Week

pointsoflight.org/national-volunteer-week

Encourage and promote volunteerism while you celebrate the impact of volunteer service on our communities.

Nickelodeon Big Help

nick.com/nick-helps

Ideas and support for kids interested in cleaning up their community, doing environmental activism, or preventing bullying. Highlights current events and celebrates marginalized groups.

No Kid Hungry

nokidhungry.org/youth

Host a bake sale, share campaign information, or become a youth advocate for this organization dedicated to ending child hunger.

Operation Gratitude

operationgratitude.com/volunteer

Write letters, assemble care packages, and craft pillows or paracord lanyards for troops overseas.

Project Linus National Headquarters

projectlinus.org

Kids can make, collect, donate, or distribute blankets for kids in need. The blankets are collected locally and distributed to kids everywhere.

Reading Is Fundamental

rif.org/literacy-network/Be-a-RIF-Fundraiser

Develops and delivers literacy programs for children, families, and teachers. Raise money to help RIF purchase books for kids in need.

Ronald McDonald House Charities

rmhcwny.org/youth-projects

Ronald McDonald Houses create, find, and aid programs that improve the health and well-being of kids worldwide. Volunteer, do craft projects, or raise money.

Special Olympics

specialolympics.org/get-involved/volunteer

Kids can volunteer to help raise money and run Special Olympic events, where people with intellectual disabilities shine in athletic competition.

Student Conservation Association (SCA)

thesca.org/serve/our-programs/ youth-programs

SCA offers a range of conservationbased programs for teens. They can serve their local community or support and explore public lands.

UNICEF

join.unicefusa.org/startaclub

Kids can raise money for the Trick-or-Treat for UNICEF campaign each Halloween and all year long, or start or participate in other fundraising events.







U.S. Youth Conservation Corps

nps.gov/subjects/youthprograms

Youth employment and internship programs provide meaningful work experiences at national parks and wildlife refuges. Develop an ethic of environmental stewardship.

Youth Service America

ysa.org/resources

This alliance of youth organizations promotes involvement in service. It runs various service-day events, and provides toolkits and resources to help kids of all ages develop and carry out service projects.

Youth Volunteer Corps of America

yvc.org

Helps kids get involved in servicelearning opportunities that are team-based, structured, diverse, and flexible.

