

Name _____ Date _____



Choose Kindness

Directions Read the three scenarios at the bottom of the page. Choose the one that's most familiar to you. Respond to the prompts, based on that scenario.

Glue your scenario here.

Consider

How might the person in this scenario be feeling?

Reflect

Have you ever been in a similar situation? How did it feel? What would you have liked others to do?

Choose

What would you do if you encountered someone in this situation? How might this be challenging? How would it be helpful?

A classmate is really struggling in math class. He takes the longest to hand in his assignments, and he never knows the answer when the teacher calls on him. You've heard classmates snicker when he guesses an incorrect answer.

You and a friend have a small disagreement, and you're both upset about it. You tell your other friends about it and they take your side. They tell you not to be friends with her anymore and shut her out of the group.

Your parents let you start a social-media account, which they monitor. You add a few classmates as friends, including a kid who's very quiet in class. When that kid posts a picture, your peers post mean comments.