



# BE A SERVICE STAR

Join a community of kids who are making the world a better and brighter place. TFK Service Stars know that even the smallest actions can make a big impact.

## MISSION: SPREAD KINDNESS

Kindness counts, big time! Many kids care about spreading kindness at home, at school, and in their community. Are you one of them? Here's how to do it. First, think of a plan to make the world a bit kinder, whether you're organizing a big event or simply telling a friend that you care. Then put your plan into action. Watch for results. Was your kindness plan a success?

## NEED INSPIRATION?

- Create a “kind space” at school where anyone can feel safe and find company. What will it look like?
- Reach out to a classmate who seems down or in need of a new friend. What will you say?
- Be an upstander by speaking out when you see someone being unkind. How will you be brave?
- Write a note or make a gift to thank a person you appreciate. How will you express yourself?
- Research local groups that spread kindness, and ask how you can help. What causes do you care about?
- Offer to do a chore, such as dog-walking or leaf-raking, for an elderly neighbor. What skills can you share?

*Need help getting started? Talk to an adult or pair up with a friend to find an idea that feels right for you.*

## STARS SHINE BRIGHTER TOGETHER

One kid can make a difference. But when kids work together, the impact can be even greater. This month, create a kindness club. Gather friends and classmates. Name your club. Define its mission. What will the club do first? What are its long-term goals?

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**TELL US  
ABOUT IT!**

We want to hear all about your efforts to spread kindness. Write to us at [tfkeditors@time.com](mailto:tfkeditors@time.com) for a chance to be featured in TIME for Kids.