

LEARN YOUR SERVICE PERSONALITY

In this lesson, students will take a quiz to find a community service club they might join to start their service journey. Then they'll work with their club group to plan some service goals.

Grade Levels 3-6

Note: Lessons are designed to support multiple grade levels.

Standards

Common Core State Standards (CCSS)

CCSS.ELA-LITERACY.CCRA.R.1
CCSS.ELA-LITERACY.CCRA.R.3
CCSS.ELA-LITERACY.CCRA.SL.1
CCSS.ELA-LITERACY.CCRA.SL.4

Collaborative for Academic, Social, and Emotional Learning (CASEL)

SOCIAL AWARENESS
RESPONSIBLE DECISION-MAKING

Social Studies Standards (NCSS)

Individual Development and Identity
Civic Ideals and Practices

Essential Question(s)

- How can kids improve their community?
- What service theme are you most interested in?

Learning Objectives

- I can choose a service club that matches my interests.
- I can work with a group to discuss a service theme and the help we can give in that area.

What You'll Need

Class set of "My Service Personality" quiz (pages 3–7); Class set of "Quiz Decoder" (pages 8–9), highlighters; one copy of the appropriate "Service Stars Club" sheet for each club (pages 10–17); Internet access to timeforkids.com/service-stars



INSTRUCTIONAL PLAN

Introduce It

Start the lesson by taking a class poll. Say: “Kids have the power to make an impact on their community.” Have students show a thumbs-up if they agree or a thumbs-down if they disagree. Invite them to share their opinions and reasons.

Show students articles such as “Zacky’s Mission,” “Heavy Lifting,” or any of the Star Power articles on *timeforkids.com*. Explain that these are examples of kids who’ve made an impact in their community. Then take another poll. Ask: “Do you think *you* can make an impact on your community?” Call on students to share. Tell them they can all make an impact. The TIME for Kids Service Stars program can help. Explain that today, they’ll have an opportunity to join a service club with their classmates. First, they’ll take a quiz to help them better understand which club or clubs might be of most interest to them.

Try It

Print copies of the “My Service Personality” quiz for each student. Read the instructions aloud, and then give students time to complete the 20-question assessment.

Once they’ve done so, show them the Quiz Decoder. Explain that each answer on the quiz corresponds with a service theme. Show them how to read the chart. Pass out copies and highlighters so students can mark their decoder. Have them tally the number of times a response fell under each theme, on the second page of the decoder, to see which club might be the best place for them to start a service journey.

Discuss It

Bring students back together to discuss their results. You can ask some of the following questions:

- Which theme(s) did you respond to most in your quiz?
- Were your results surprising? Did you end up matching with a club you’d want to join?
- Have you participated in any service projects with these themes?

Act on It

Tell students they’re likely to be interested in many of these topics, and assure them that they can participate in many types of service over the course of their service journey. Have them circle the club they’d be most interested in joining, to start. Then have them turn their desks into groups. Ask students to stand up and come to the front of the room. Place a Service Stars Club sheet on each desk group, and invite students to join it.

After all students have chosen a club, have the groups discuss what made them choose that club. Then have them read through the club sheet together. On the back of the page, have the groups write down some things they’d like their club to accomplish. They can separate them into big goals and small goals, or short-term and long-term goals.

If time and resources permit, set aside time for club conversations each week, during which students can read about inspiring Service Stars, plan for service projects, or discuss ways that they have pitched in over the past week.

Name _____ Date _____

My Service Personality

Directions: Read each question and circle the answer that fits you best. Then use the quiz decoder to find out which community service club might be a good place to start your service journey.



1. On a free afternoon, I would feel best using my time

- A. picking up trash at the park.
- B. reading books to younger kids.
- C. volunteering at a food bank.
- D. walking dogs for an animal shelter.
- E. chatting with neighbors about our community.
- F. making get-well cards for people in a hospital.
- G. doing random acts of kindness.
- H. hosting a lemonade stand to raise money for a charity.

2. I would like to see my school add

- A. a hygiene closet, so kids can access necessary supplies.
- B. more greenery planted around the outdoor play area.
- C. birdhouses built for native birds.
- D. a suggestion box, so students can make themselves heard.
- E. a Little Free Library for book swaps.
- F. a donation jar to collect change for a cause.
- G. a buddy program to help kids who are feeling left out.
- H. a share table for free snacks.

3. If I were to host a podcast, it would be about

- A. how environmental issues affect young people.
- B. young entrepreneurs and how they found success.
- C. how to stay happy and healthy.
- D. feel-good stories from around the world.
- E. the best books I read that year.
- F. easy recipes you can make with things you have at home.
- G. adoptable pets finding their forever homes.
- H. kids who are making a difference in their community.

4. I'd be most interested in a volunteer day in which participants

- A. make sure everyone has a hearty meal.
- B. visit nursing homes to relieve loneliness.
- C. get to sell something to benefit a cause.
- D. get to spend time outside in nature.
- E. have an opportunity to speak to peers.
- F. can teach important skills to others.
- G. create safe spaces for wildlife.
- H. help others feel good about themselves.

Name _____ Date _____

My Service Personality

(Continued)



5. One of my favorite children's books is

- A. *Madeline.*
- B. *Stone Soup.*
- C. *The Lorax.*
- D. *How the Grinch Stole Christmas.*
- E. *Caps for Sale.*
- F. *Clifford the Big Red Dog.*
- G. *Duck for President.*
- H. Too many—I can't pick a favorite!

6. If I had \$100 to help my community, I would

- A. buy books to help families start a home library.
- B. buy blankets and food for an animal shelter.
- C. buy craft supplies to make thank-you cards.
- D. plant a community garden for everyone to enjoy.
- E. make first-aid kits for those in need.
- F. purchase food for a community fridge.
- G. purchase supplies to host a car wash for charity.
- H. plan an event to raise awareness about a local issue.

7. On a class field trip, I would like to see

- A. how a recycling plant operates.
- B. anything most of my classmates would enjoy.
- C. the tools and equipment inside an ambulance.
- D. a food pantry, and to help organize their supplies.
- E. animals at a wildlife sanctuary.
- F. how a book publisher creates books.
- G. a city council meeting.
- H. a large-scale charity event.

8. In a group project, I usually

- A. take charge of the presentation or speech.
- B. get distracted by the animals outside.
- C. keep the team on track to avoid unnecessary stress.
- D. make sure everyone feels supported.
- E. look for ways to secure the materials we need.
- F. make sure people aren't wasting supplies.
- G. bring snacks for the team to keep the energy high.
- H. volunteer to do most of the research or reading.

Name _____ Date _____

My Service Personality

(Continued)



9. I feel happiest when I'm

- A. doing a good deed.
- B. enjoying the outdoors.
- C. cooking for people.
- D. around animals.
- E. sharing my ideas with others.
- F. taking care of someone who's sick.
- G. raising money for a cause I care about.
- H. reading or writing stories.

10. On the weekend, I'd most like to

- A. be part of a community dinner.
- B. help out in a garden.
- C. visit a cat café.
- D. write in my journal.
- E. help my family at home.
- F. host a book club.
- G. hand out flyers for an event.
- H. run a bake sale for a charity.

11. If I could have a superpower, it would be the ability to

- A. heal others.
- B. talk to animals.
- C. solve global problems.
- D. make money grow on trees.
- E. read and write very fast.
- F. improve people's moods.
- G. speak effectively in public.
- H. prevent weather disasters.

12. I like learning about

- A. nutrition and cooking.
- B. environmental science.
- C. math and budgeting.
- D. art and its impact.
- E. language arts.
- F. social studies and civics.
- G. animal biology.
- H. health and physical education.

Name _____ Date _____

My Service Personality

(Continued)



13. If I could change one thing in my community, I would

- A. add more space for recreation.
- B. make sure everyone was well fed.
- C. add more places for people to gather.
- D. create a platform where kids could share their ideas.
- E. create more fundraisers.
- F. find homes for stray animals.
- G. expand the library.
- H. plant more trees.

14. My friends or family would probably describe me as

- A. chatty.
- B. a bookworm.
- C. nurturing.
- D. a foodie.
- E. outdoorsy.
- F. kind-hearted.
- G. an animal whisperer.
- H. a go-getter.

15. After a disagreement with a friend, I am most likely to

- A. give them our favorite snack to share.
- B. buy them a small gift to show I care.
- C. give them flowers to say I'm sorry.
- D. say something kind to cheer them up.
- E. ask to talk it out.
- F. cuddle with a furry friend to calm down.
- G. write them a note or a poem.
- H. ask them how they're feeling.

16. I'm most interested in stories or news about

- A. solutions for low-income communities.
- B. medical or health breakthroughs.
- C. groups advocating for change.
- D. kids raising money for a cause.
- E. new parks or green spaces.
- F. wildlife rescues.
- G. great new books.
- H. anything with a happy ending.

Name _____ Date _____

My Service Personality

(Continued)



17. The mascot I'd pick for my dream team is

- A. Bold Eagle, who stands up and speaks out.
- B. Helpful Honeybee, who makes honey for the hive.
- C. Golden Retriever, who's friendly and loyal.
- D. Mama Bear, who's fiercely protective of animals.
- E. Mother Goose, who loves books and stories.
- F. Scavenging Squirrel, who gathers needed items.
- G. Healthy Ox, who's strong, hearty, and ready to act.
- H. Monarch Butterfly, who takes flight for the environment.

18. When I plan a party, I prioritize

- A. healthy snacks and fun physical activities.
- B. games that will get people thinking.
- C. making it a pet-friendly event.
- D. asking for donations for a charity instead of gifts.
- E. having goodie bags filled with snacks for everyone to take home.
- F. making a speech.
- G. using eco-friendly decorations and utensils.
- H. making sure guests get to know one another.

19. A career that interests me is

- A. restaurant owner or chef.
- B. guidance counselor.
- C. author.
- D. entrepreneur.
- E. veterinarian.
- F. doctor or nurse.
- G. lawyer or judge.
- H. marine biologist.

20. If I could spend the day with a celebrity, I'd pick

- A. an environmental advocate.
- B. a wellness influencer.
- C. an author.
- D. an animal conservationist.
- E. someone who promotes kindness.
- F. a chef who donates excess food.
- G. a well-known philanthropist.
- H. a human-rights leader.

Name _____ Date _____

Quiz Decoder

Directions: Highlight your answer to each question to find out which service area or issue might best match your interests.



	A	B	C	D	E	F	G	H
1	Environment	Literacy	Food Insecurity	Animal Welfare	Civic Engagement	Health	Kindness	Fundraising
2	Health	Environment	Animal Welfare	Civic Engagement	Literacy	Fundraising	Kindness	Food Insecurity
3	Environment	Fundraising	Health	Kindness	Literacy	Food Insecurity	Animal Welfare	Civic Engagement
4	Food Insecurity	Health	Fundraising	Environment	Civic Engagement	Literacy	Animal Welfare	Kindness
5	Health	Food Insecurity	Environment	Kindness	Fundraising	Animal Welfare	Civic Engagement	Literacy
6	Literacy	Animal Welfare	Kindness	Environment	Health	Food Insecurity	Fundraising	Civic Engagement
7	Environment	Kindness	Health	Food Insecurity	Animal Welfare	Literacy	Civic Engagement	Fundraising
8	Civic Engagement	Animal Welfare	Health	Kindness	Fundraising	Environment	Food Insecurity	Literacy
9	Kindness	Environment	Food Insecurity	Animal Welfare	Civic Engagement	Health	Fundraising	Literacy
10	Food Insecurity	Environment	Animal Welfare	Health	Kindness	Literacy	Civic Engagement	Fundraising
11	Health	Animal Welfare	Food Insecurity	Fundraising	Literacy	Kindness	Civic Engagement	Environment
12	Food Insecurity	Environment	Fundraising	Kindness	Literacy	Civic Engagement	Animal Welfare	Health
13	Health	Food Insecurity	Kindness	Civic Engagement	Fundraising	Animal Welfare	Literacy	Environment
14	Civic Engagement	Literacy	Health	Food Insecurity	Environment	Kindness	Animal Welfare	Fundraising
15	Food Insecurity	Fundraising	Environment	Kindness	Civic Engagement	Animal Welfare	Literacy	Health
16	Food Insecurity	Health	Civic Engagement	Fundraising	Environment	Animal Welfare	Literacy	Kindness
17	Civic Engagement	Food Insecurity	Kindness	Animal Welfare	Literacy	Fundraising	Health	Environment
18	Health	Literacy	Animal Welfare	Fundraising	Food Insecurity	Civic Engagement	Environment	Kindness
19	Food Insecurity	Kindness	Literacy	Fundraising	Animal Welfare	Health	Civic Engagement	Environment
20	Environment	Health	Literacy	Animal Welfare	Kindness	Food Insecurity	Fundraising	Civic Engagement

Quiz Decoder, page 2

Tally your results below. Your top themes can show where you might like to jump in.



THEME	TALLY
ENVIRONMENT	
LITERACY	
FOOD INSECURITY	
ANIMAL WELFARE	
CIVIC ENGAGEMENT	
HEALTH	
KINDNESS	
FUNDRAISING	

If you had mostly . . .

ENVIRONMENT, you can join the PLANET PROTECTORS CLUB!	CIVIC ENGAGEMENT, you can join the VOICES FOR CHANGE CLUB!	FOOD INSECURITY, you can join the FRIDGE- FILLERS CLUB!	ANIMAL WELFARE, you can join the ANIMAL ALLIES CLUB!
LITERACY, you can join the LITERACY BOOSTERS CLUB!	HEALTH, you can join the WELLNESS WARRIORS CLUB!	KINDNESS, you can join the KIDS FOR KINDNESS CLUB!	FUNDRAISING, you can join the CHARITY CHAMPIONS CLUB!



SERVICE STARS CLUB

ANIMAL ALLIES

You care about protecting and taking care of animals. You volunteer time for, raise awareness of, or show kindness to creatures everywhere.

JOIN THE CLUB!

Here are some ways to pitch in.

- Contact an animal shelter in your area. Ask if they need volunteers.
- Organize a pet-food or pet-toy drive in your town. Donate to a local shelter.
- Plan a bee-friendly garden. Find a space in your yard or neighborhood to plant it.
- Ask an elderly neighbor if you can help care for their pet. You can offer to feed, walk, or play with the animal.
- Learn about endangered species, and make posters to raise awareness. Let people know how they can help.

Here are some inspiring kids you might like to learn about.



Hayden Roland started a youth volunteer group called Wagging Tails. Members help out at an animal adoption center.



Nirvaan Agarwal has been speaking up for animals since he was 3. He advocates for and raises awareness about animal-welfare issues.

Find more resources and inspiration at timeforkids.com/service-stars.



SERVICE STARS CLUB

CHARITY CHAMPIONS

You like to raise money for causes you care about. You plan fundraising events and get other people excited to make a difference.

JOIN THE CLUB!

Here are some ways to pitch in.

- Organize a coin drive at your school or a local business. Make collection containers that feature the charity you'll donate to.
- Offer a service, such as raking leaves or shoveling snow. Ask for a donation in return for your work.
- Ask for donations instead of presents. Let people know what their money will support.
- Create a "donation bank" at home. When you receive money, put a bit in the bank.
- Host a lemonade stand or a bake sale. Donate your earnings to a good cause.

Here are some inspiring kids you might like to learn about.



Christian Ramos combines his love for football and his knack for crafting. He makes and sells football-themed souvenirs to raise money for charity.



Joy Kochar and a group of classmates raised money to address the spotted-lanternfly infestation they noticed at their school.

Find more resources and inspiration at timeforkids.com/service-stars.



SERVICE STARS CLUB

LITERACY BOOSTERS

You know the importance of reading, writing, and speaking skills. You help others access literacy materials so they can better understand the world.

JOIN THE CLUB!

Here are some ways to pitch in.

- Start a book drive at school. Decide which types of books you'll collect and where you'll donate them.
- If a friend or schoolmate is struggling with reading and writing, ask how you can help.
- Talk to a librarian at your school or public library. See if they have any literacy programs you could help promote or support.
- Do you know multiple languages? Read a book with someone who wants to learn one.
- Make videos or audio recordings of children's stories being read aloud. Ask an adult to help you share them with other kids.

Here are some inspiring kids you might like to learn about.



Brooke and Haili Smith are siblings who started Books Like Me, a group that collects and donates books that feature diverse characters.



Tejasvi Manoj teaches seniors digital literacy. She also created a program that helps them avoid online scams.

Find more resources and inspiration at timeforkids.com/service-stars.



SERVICE STARS CLUB

PLANET PROTECTORS

You work to keep the Earth clean and green. You take action to protect the environment, and you advocate for others to do the same.

JOIN THE CLUB!

Here are some ways to pitch in.

- Make posters promoting an environmental cause. Hang them in your community.
- Pick up trash at a park or playground. Invite friends or family to help.
- Identify a way to make your school greener. Can you add more indoor plants or recycling bins? Talk to your principal about what can be done.
- Make an effort to turn off lights and faucets when they aren't in use. Encourage others to do the same.
- Learn how to start a compost bin at home. Use the scraps to start a garden, or find out if there's a compost collection spot in your community.

Here are some inspiring kids you might like to learn about.



Demi Johnson is a master oyster gardener. She raises them to clean local waters and improve the habitat for other sea creatures.



Mateo Lange started a recycling program that has prevented millions of bottles and cans from littering local lakes, rivers, and roads.

Find more resources and inspiration at timeforkids.com/service-stars.



SERVICE STARS CLUB

VOICES FOR CHANGE

When you see a problem, you speak up. You learn about issues, share ideas, and lead efforts to make your community better.

JOIN THE CLUB!

Here are some ways to pitch in.

- Pick an issue in your community that you care about. Make a drawing, poem, or video to raise awareness about the issue.
- Send a letter to the editor of your town or school newspaper. Ask them to cover an issue that's important to you.
- Attend a town hall or school-board meeting. If your issue is being discussed, share your perspective. If not, who can help you bring it up?
- Find others who also care about the issue. Include community members in a club that can work to solve the problem.

Here are some inspiring kids you might like to learn about.



William Miller spoke up at a city-council meeting. He voiced his concern about a dangerous street in his community. People listened.



Kason Creed spoke to local leaders about making a playground more inclusive. Now all kids can enjoy Kason's Korner.

Find more resources and inspiration at timeforkids.com/service-stars.



SERVICE STARS CLUB

WELLNESS WARRIOR

You notice when people are in need of care. You help others feel better, and you support healthy habits in your community.

JOIN THE CLUB!

Here are some ways to pitch in.

- Volunteer with a trusted adult at a nursing home. You can chat, play games, or read with the residents to relieve loneliness and lift people's spirits.
- Collect first-aid materials for people in need. Make kits and donate them to a shelter or school.
- Thank nurses, doctors, or EMTs for their work. Make cards or hang posters of appreciation in offices or in the community.
- Collect toys, books, or craft supplies. Donate them to a children's hospital or wellness center.

Here are some inspiring kids you might like to learn about.



Audrey Brown and her classmates collected necessary hygiene products. They assembled bags of them to donate to a personal care pantry.



Jordyn Perez started donating her birthday gifts to a children's hospital when she was 8. Now a teenager, she has made it her annual tradition.

Find more resources and inspiration at timeforkids.com/service-stars.



SERVICE STARS CLUB

KIDS FOR KINDNESS

You love planning ways to brighten people's days. You act with care and encourage kindness wherever you go.

JOIN THE CLUB!

Here are some ways to pitch in.

- Create a kind space or a buddy bench at school where anyone can feel safe and find company.
- Reach out to a classmate who seems down or in need of a new friend.
- Be an upstander by speaking out when you see someone being bullied or someone being unkind.
- Offer to do a chore, such as dog-walking or leaf-raking, for an elderly neighbor.
- Offer unexpected compliments or support to people at school to make them feel seen.

Here are some inspiring kids you might like to learn about.



Lena Ford is involved in many projects that spread kindness. Through her Positively Lena program, she shares uplifting messages.



Sammi Vance says there's nothing worse than feeling left out. She ran a Buddy Bench program in her school to help kids who need a friend.

Find more resources and inspiration at timeforkids.com/service-stars.



SERVICE STARS CLUB

FRIDGE-FILLERS

You help make sure people have enough to eat. You organize drives, deliver meals, and share food with those in need.

JOIN THE CLUB!

Here are some ways to pitch in.

- Volunteer with family at a food bank or soup kitchen. Help stock and organize the pantry, or help serve community members.
- Start a community fridge, or deliver supplies to one in your neighborhood.
- Save change to buy an extra item at the grocery store. Choose a place to donate it.
- Talk to restaurants about what they do with excess food. See if they're willing and able to donate it.
- Write letters to local leaders. Ask them what's being done to help people in your community who don't have enough to eat.

Here are some inspiring kids you might like to learn about.



Elaina Johnson has been helping feed people since she was 7. She made 400 lunches for people experiencing homelessness.



DeJuan Strickland is helping his school district pay for school lunches. He and his friends also shop for food to stock community fridges.

Find more resources and inspiration at timeforkids.com/service-stars.