

## BE A SERVICE STAR

Join a community of kids who are making the world a better and brighter place. TFK Service Stars know that even the smallest actions can make a big impact.

## MISSION OF THE MONTH: FIGHT HUNGER

More than 34 million people in the United States are food-insecure, according to the U.S. Department of Agriculture. This means they might be living with hunger or struggling to feed their families. We're looking for kids to feature who are helping to ease this big problem. Could you be one of them? Whether it's putting fresh produce in a community fridge or delivering meals in your neighborhood, make a plan to fight hunger.

## **NEED INSPIRATION?**

- Volunteer with family at a soup kitchen or food bank.Do you know where they are in your town?
- Start a community fridge or bring supplies to one in your neighborhood. How will you contribute?
- Write letters to local leaders, asking them to do more to fight hunger. How will you persuade them?
- Save change to buy an extra item on your family's next grocery trip. Where will you donate it?
- Look up groups that fight hunger. Ask how you can help. What does your community need most?
- Talk to local restaurants about what they do with excess food. Are they willing and able to donate it?

Need help getting started? Talk to an adult or pair up with a friend to find an idea that feels right for you.

## STARS SHINE BRIGHTER TOGETHER

When kids work together, they achieve big things. This month's group idea is to organize a can drive. Gather friends. Make sure the group you want to give the cans to is taking donations. How will you get the word out?

MADE POSSIBLE BY





We want to hear all about your efforts! Share your story at *ti.me/stars* or send it to *tfkeditors@time.com* for a chance to be featured in TIME for Kids.

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